

Opening Doors  
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For Immediate Release

### 3<sup>rd</sup> Annual “Filling Your Cup” Event Expands!

DUBUQUE (February 6, 2024) – “Filling Your Cup,” Opening Doors’ inspirational and uplifting event was hugely popular in its first two year—selling out months in advance. The third annual event on Thursday, June 27 will expand to two session options at the Hotel Julien.

“Our unique coffee-themed event was wildly popular in its first two years,” comments Ann Lorenz, Development & Marketing Director.” She adds, “This year we’re excited to feature professional speaker and author Holly Hoffman.” Holly was featured on Season 21 of CBS’ hit reality show *Survivor Nicaragua*. Through that experience, and others throughout her life. Holy is inspired to share her message on survival. She is a professional speaker and the author of *Your Winner Within* and *Write Yourself a Note*.



Guests can choose from breakfast (\$40) or lunch (\$45). Register at [www.OpeningDoorsDBQ.org/Cup](http://www.OpeningDoorsDBQ.org/Cup), or call 563-582-7480.

Opening Doors is a nonprofit organization who helps women and children who are experiencing homelessness. We provide goal setting and life skills training that enable them to achieve their full potential. We offer a hand up in the world, not a handout. Since 2000, Opening Doors has served over 4,800 women and children through a continuum of services. Teresa Shelter offers emergency and extended stay programs. Maria House offers transitional housing for up to two years. Francis Apartments offers an opportunity for income-based affordable housing with support services; a combination that has proven to be effective at ending the cycle of homelessness. Opening Doors offers much more than a place to sleep. We provide the opportunity for women to claim their own power and become self-sufficient.

For more information, visit [www.OpeningDoorsDBQ.org/CUP](http://www.OpeningDoorsDBQ.org/CUP), or call 563-582-7480.

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