



For Immediate Release
September 25, 2023

Variety Awards \$5,000 for Children Experiencing Homelessness

Opening Doors was awarded a \$5,000 grant from Variety – the Children’s Charity to provide children’s supplies for Teresa Shelter – one of three programs offered by the nonprofit.

Opening Doors serves women and children who are experiencing homelessness. They provide goal setting and life skills training that enables them to achieve their full potential – offering a hand up in the world, not a handout.

The Variety grant will be used to fund children’s supplies, including sensory toys and weighted blankets, for our emergency shelter at Teresa Shelter. Sensory play focuses on activities that engage a child's senses, helping them develop language and motor skills. For a child who has experienced traumatic events, stress and anxiety issues, sensory toys and weighted blankets can bring calm and comfort while reducing stress.

About Variety – the Children’s Charity of Iowa

Variety - the Children’s Charity is dedicated to improving the lives of children who are underprivileged, at-risk, critically ill or living with special needs throughout Iowa. Funding is provided to programs and initiatives that directly impact the well-being of children throughout Iowa. For more information on how you can be part of Variety’s work, please visit varietyiowa.com.

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