

Opening Doors  
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For Immediate Release

## **2<sup>nd</sup> Annual Filling Your Cup coming June 29**

**DUBUQUE (April 19, 2023)** – Opening Doors will bring Hall-of-Fame speaker, author and comedian Kelly Swanson to the Hotel Julien Ballroom on Thursday, June 29 from 7:30 to 9 AM for an uplifting and transformative event.

“We are excited to feature Kelly Swanson at our annual coffee-themed event,” comments Ann Lorenz, Development & Marketing Director.” She adds, “Kelly is a *Huffington Post* contributor, and cast member of *The Fashion Hero* television show airing on Amazon Prime. She is also author of *Who Hijacked My Fairy Tale*, *The Land of If Only*, *The Story Formula*, and *The Gutsy Girls Pocket Guide to Public Speaking*.”

Registration is \$35 and includes breakfast. Last year’s inaugural event was a sold-out success. Register at [www.OpeningDoorsDBQ.org/Cup](http://www.OpeningDoorsDBQ.org/Cup), email [alorenz@openingdoorsdbq.org](mailto:alorenz@openingdoorsdbq.org), or call 563-582-7480.

Opening Doors is a nonprofit organization who helps women and children who are experiencing homelessness. We provide goal setting and life skills training that enable them to achieve their full potential. We offer a hand up in the world, not a handout. Since 2000, Opening Doors has served over 4,700 women and children through a continuum of services. Teresa Shelter offers emergency and extended stay programs. Maria House offers transitional housing for up to two years. Francis Apartments offers an opportunity for income-based affordable housing with support services; a combination that has proven to be effective at ending the cycle of homelessness. Opening Doors offers much more than a place to sleep. We provide the opportunity for women to claim their own power and become self-sufficient.

For more information, contact Ann Lorenz, Development and Marketing Director, at 563-582-7480, or email [alorenz@openingdoorsdbq.org](mailto:alorenz@openingdoorsdbq.org).

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